

# Funhouse October Newsletter





### Special Events in October

16th - 22nd October - National Nutrition Week 16th October - World Food Day

21st October - 29th October - Children's Week: Children have the right to relax, play and to join in a wide range of leisure activities.

27th October - Australian World teacher's Day 29th October - Grandparents Day 31st October - Halloween

# School Carpark Reminder

Families can park in the school: Before 8am and After 4:30pm

We ask that families do not park in the principle or vice principle spaces.

Other parking options include: On Gilham Street | At Castle Towers





# <u>Our Opening Hours</u> <u>& Closure Days</u>

Before School Care: 7:00am-9:00am After School Care: 3:00pm-6:30pm Vacation Care: 7:00am-6:30pm

School Development Days: 7:00am-6:30pm

We are closed during: National Public Holidays (21st Dec 2023 - 5th Jan 2023)

# Our Management Committee team

Our next meeting is scheduled for Monday 20th November 2023 at 7pm - **Online** As a non-for-profit organisation, Castle Hill Funhouse has a management committee comprised of families who currently use our service. The committee decides on matters of policy and meets once a month to make other major decisions about Castle Hill Funhouse. If you would like to get involved, please contact Management via email: management@castlehillfunhouse.com.au

### the team

Info@castlehillfunhouse.com.au ph. or text message: 0423 843 917 ph. or text message: 0418 687 579

### <u>Management</u>

Info@castlehillfunhouse.com.au ph. or text message: 0423 843 917 ph. or text message: 0418 687 579

# We love your feedback

During term we try our best to embed cultural diversity through out our Cooking Club, while learning about a new country every two weeks with the children. If any Families or Carers have family recipes or traditional customs, ideas or information they would like to share or see in our program, please feel free to share them with us so we can ensure all children feel valued and included.

We have a sustainability club and the kids are loving it! This club educates children on gardening herbs, vegetables and seasonal fruits. The children also learn about what it means to protect our wild life and their environment. We aim to ensure all children understand the meaning of recycling, correct usage of our bins and saving water. If you and your family have any ideas or suggestions on how we can perfect our club when implementing it into our program please don't hesitate to reach out.

You can email us at edleader@castlehillfunhouse.com.au if you have any feedback you would like to give us on our program or any other areas.

We appreciate it when you have your say!



As the weather gets warmer don't forget to pack sun safe hats for your child!

#### Types of sun-safe hats:

- Broad-brimmed hat: Brims should be at least 7.5cm for an adult and 6cm for children. For children under the age of 10 years, the brim should be proportional to the size of the child's head and provide shade for the whole face.
- Bucket hat: Bucket or surfer-style hats should have a deep crown and sit low on the head. The angled brim should be at least 6cm for adults and 5cm for children, and should shade the face, ears and back of the neck.
- Legionnaire-style hat: Legionnaire-style hats should have a flap that covers the neck. The side flap and front peak (brim) should meet to the sides of the face.



For Information on Sun Safety visit: https://www.sunsmartnsw.com.au/

#### Check the SunSmart UV Alert every day

The easy way to stay safe from the sun

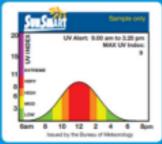
Ultraviolet (UV) radiation from th sun causes most skin cancors, You can reduce your risk of skin cancor to restering an and when the second

Cancer

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ne strong enough to damage your skin UV Index 3 or above.

You can't see or feel when UV levels are high but you can check the SunSmart UV Alert.



How to read the UV Alert: The UV Alert (above) identifies the hours of the di when the UV index will be 3 or above. The high the UV index, the more you need to protect your too from the sun (see right, Pernember, you need to chook the UV Alert every day. The SunGroup UV Alert is in daily newspaper weather forecasts or go to these concentrational surfacement



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For more information call the Cancer Council Helpline 13 11 20

# A Message From Our Kids Council

With the new development happening around the school the Kids Council have been focused on planning displays for our new spaces!

Kids Council have also been working on creating a new program called "SPECIAL EVENT DAYS" and have so far come up with a sensory day & technology day. Kids Council believe that programming some of the children's favourite activities on a fortnightly basis will give them all something to look forward to and will ensure that ALL children will get the chance to enjoy their favourites on different programmed days.

Lastly, they have exciting plans for Funhouse as we come closer to the end of the year! Kids Council hope to hold a Carnival Fundraiser which will include all sorts of carnival games for the children. Children will be able to participate by purchasing tokens and all money raised will go to a charity to help support children in schooling less fortunate than ours.

# Our Spring Vacation Care

The children LOVED everything about Vacation Care and our Educators loved it just as much! During our first week we all enjoyed investigating different science experiments and playing with gooey and sticky elements. We set off for our first excursion, where we hung off monkey bars, ran through obstacle courses, climbed walls and jumped into foam pits. Visitors from Games 2 U organised a big group game of laser tag, giant yard games and a motor mobile race car machine. During our first week, we also had the chance to enjoy some sunshine at Calmsley Farm where we fed animals, milked cows and took a tractor ride around the park. Children and Educators stayed fit while participating in a workshop filled with loud music and lots of movements, choreographed by an amazing, high energized employee who kept us all engaged the entire day.

In our second week we walked over to Castle Hill Towers to watch The Teenage Kraken, where we all enjoyed watching with our friends while snacking on a juice box and popcorn! The children ventured into a cultural day and enjoyed making Japanese Origami, participating in a chopstick relay race, created unique Venetian inspired masks, participated in a Masquerade Parade, and learnt how to Hula Dance. I think our favourite day was our sensory day! The children enjoyed spending the whole day making gooey messes, feeling different slimy elements and experimenting with different recipes when making slime and playdough. They also used their smelling and tasting senses in different kinds of blind tastings and smelling. On our last day we enjoyed an awesome performance of Indigenous perspectives dancing and music which the children loved and had the chance to ask many questions on Aboriginal culture!





# Work Health and Safety plan for term 4!

The WHS team are implementing dietary risk minimisation plans for children with dietary intolerances. These plans will help the team to be aware of the children's dietary needs. We will also be continually completing and reviewing risk assessments. In addition, we will be conducting a medical audit to ensure all medication and medical documents are up to date. We will also be embedding health and safety within the educational program with activities planned for Nutritional Week and safe digital technology use.



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# A message from our Sustainability team

CAN YOU BELIEVE ITS ALMOST BEAN (like the garden beans ) WEEK 4 ALREADY! The sustainability group has achieved so much in the beginning of term 4, including the building of the brand new funhouse green house as well as the planting of the sunflowers and lettuce (and watching them RAPIDLY grow in the lovely summer heat supplemented by our daily watering). So far in term 4 we have had a strong focus on developing the children's knowledge and sustainable strategies that they can apply to more than just their time at funhouse, such as the return and earn posters and learning about the 5R's. We look forward to developing our greenhouse plants, planting strawberries and further tidying up and decorating our entrance garden area to bring the children's ideas to fruition.





# A message from our ISP team

The ISP team had their second meeting and we discussed how we can be supporting the growth and emotional development of our children. Through feedback loops, we've been able to improve our strategies and how we're implementing them so we can fully support our children. We've also been working closely with families to ensure children who have additional needs are fully supported and have continuity of learning at home, school and Funhouse. We have revamped our inclusion wall to include photos of our children engaging in small group activities and children's craft where they show what makes them feel safe and included.





# BOOKINGS NOW OPEN FOR DECEMBER AND JANUARY VACATION CARE

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#### Monday 18th December - Christmas Science Fun

Let's enjoy the festive season at Funhouse with Christmas themed science experiments and hands on activities. There will be lots of mentos and bicarb/vinegar explosions to keep you all entertained! Come dressed in your favourite Christmas top and accessories.



#### Workshop

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat. Arrive at centre: 9:30am



#### Tuesday 19th December - Event Cinemas

We will be going on an adventurous walk with our friends to the Event Cinemas to see a movie! So put your walking shoes on, hats and let's go enjoy a day at the movies with some yummy popcorn and juice boxes. <u>Movie TBA</u>



#### Excursion

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat Arrive at centre: 9:00am

#### Wednesday 20th December - Paint & Sip

Are you ready to be artists for the day? Come along as we learn and practice our drawing, painting and cartooning skills. We will make our own fruity punch and food platter to enjoy. We will have loads of art and craft activities for all ages to enjoy!

#### In-Centre

<u>What to bring:</u> Morning tea, lunch, refillable water bottle, enclosed shoes and hat.

Thursday 21st December - CLOSED

### SORRY WE ARE CLOSED

Friday 22nd December - CLOSED

### SORRY WE ARE CLOSED

Children must wear sun-safe clothing with sleeves & enclosed sports shoes, socks & a sun-safe hat (legionnaire or bucket hat with wide brim) for all outdoor play and excursions. For any uniform supplied by service, the families will be charged. The service will supply breakfast and afternoon tea each day and is an allergy aware service (please see attached) Children will not be able to purchase food while off site.

> Castle Hill Funhouse 5 Les Shore Place Castle Hill NSW 2154 Open: 7:00am - 6:30pm Phone: 0423 843 917 or 0481 793 067 Email: info@castlehillfunhouse.com.au



#### Monday 8th January - Gamerz Bus

Back by popular demand, the Gamerz Gaming Bus makes a return! We'll take turns with our friends to experience this amazing bus and all the AMAZING technology and games it has to offer! The bus includes Minecraft, Mario Kart, Just Dance, FIFA and loads more!

Tuesday 9th January - Radical Reptiles Raptor Reptiles love all things scaly and creepy, and with over 50 animals, they have more than you can poke an elephant's trunk at! Come and learn about our scaly friends whilst getting to hold and touch them!

#### Wednesday 10th January - Bowling K-2 & IPlay 3-6



Join us for a fun filled day as we head over to Castle Hill Towers. 3-6 will enjoy hours of WIN! unlimited arcade games while K-2 battle it out at bowling!

#### Thursday 11th January - New Years Party

Let's experience the GREATEST party of all time with loads of games, face painting, glow sticks, cooking, special drinks and of course... Dancing! Put your dancing shoes on and let's celebrate the New Year together!



Friday 12th January - Let's Jump!

Come along to Jump'd as we exercise in a fun and buzzing trampolining and ninja center. Including over 15 trampolines with a ninja course equipped with spinning wheels, cargo nets, swinging doors, adjustable steps, and a warped wall. <u>(SIGNED WAIVER FORM REQUIRED)</u>

#### Workshop

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat. Arrive at centre: 10am

### Workshop

Morning tea, lunch, refillable water bottle, enclosed shoes and hat. Arrive at centre: 9:30am

#### Excursion

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat. Arrive at centre: 8:00am

> In-Centre What to bring:

Morning tea, lunch, refillable water bottle, enclosed dancing shoes and hat.

#### Excursion

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat. Arrive at centre: 7:30am

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#### Monday 15th January - IPlay K-2 & Bowling 3-6

Join us for a fun filled day as we head over to Castle Hill Towers. K-2 will enjoy hours of unlimited arcade games while 3-6 battle it out at bowling!



#### Tuesday 16th January - Dinosaur Encounter

Come enjoy animatronic puppets, a dinosaur research trailer full of fossils, raptor nests and a research lab set out like a museum... You'll know everything there is to know about dinosaurs in no time! Activities include fossil digging, erupting volcanos, dinosaur skin stamps, activity sheets, adventure hunt for our lost dinosaur discovering clues, and a live action show with cages full of the most amazing creatures that will leave you wanting more!

#### Wednesday 17th January - Taronga Zoo

Today we are off to Taronga Zoo, Mosman! We will have an animals within the zoo, we may even get to watch a bird and seal adventures and a great time with our friends.



### Workshop

Excursion

What to bring:

Morning tea, lunch, refillable water bottle.

enclosed shoes and hat.

Arrive at centre: 8:00am

Workshop

What to bring:

Morning tea, lunch,

refillable water bottle,

enclosed shoes and hat.

Arrive at centre: 10am

Excursion

What to bring:

Morning tea, lunch,

refillable water bottle.

enclosed shoes and hat. Arrive at centre: 8am

What to bring: Morning tea, lunch, refillable water bottle. enclosed shoes and hat. Arrive at centre: 9:30am

#### In-Centre

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes Pajamas and hat

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amazing time discovering and learning about all the different types of show. Be sure to pack your walking shoes as we are in for a day full of





### Thursday 18th January - African Drumming

Let's play drums & experience the rhythms of Africa. With engaging African presenters the show is highly teractive and you'll experience body percussion, vocal percussion & break out in dance with your friends.

#### Friday 19th January - Wear your PJS Day

Ahh what a perfect way to spend the day... IN YOUR PJS!! We love pajama day and have so many relaxing, exciting and fun things to do! Get ready for a full day of sleepover games, dances and activities! Come join us, as we make sleeping masks and bath bombs.





#### Monday 22nd January - Canoelands

We are back! Get your farmer outfits on for your very own farm experience. Bring a bag and get excited to fill it up with some of your favourite fruits. We will get to feed your favourite animals and taste test some honey while watching a Bee/honey presentation. You will also experience the ultimate ride on a farm tractor!

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Morning tea, lunch, refillable water bottle, enclosed shoes, bag for fruit picking and hat. Arrive at centre: 8:00am



#### Tuesday 23rd January - Splashtastic

Spend the day at the Funhouse Water Park. Today you will need to bring your swimmers, beach towel and shades. Think lots of water play, bubble blowing and relaxing with your friends. Cool down with homemade lemonade and make your very own delicious ice blocks. Don't forget spare clothes to change into!

### What to bring:

Morning tea, lunch, refillable water bottle, enclosed shoes, change of clothes and hat. Arrive at centre: 9:30am

# travel by

Bus

#### Wednesday 24th January - Inflatable World

Get ready to enjoy AUSTRALIA'S LARGEST inflatable playground. We will have a day filled with jumping, obstacle courses, tricks, and much more!



#### Excursion

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat. Arrive at centre: 8:00am



#### Thursday 25th January - Australia Day

Dress up in your traditional cultural attire and join us in celebrating Australia day and all the different cultures that make Australia so beautiful and diverse. Today the staff will be putting on an Aussie BBQ and picnic for the children.

#### In-Centre

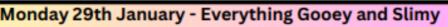
What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes and hat.

Friday 26th January - Public Holiday SORRY WE ARE CLOSED

Children must wear sun-safe clothing with sleeves & enclosed sports shoes, socks & a sun-safe hat (legionnaire or bucket hat with wide brim) for all outdoor play and excursions. For any uniform supplied by service, the families will be charged. The service will supply breakfast and afternoon tea each day and is an allergy aware service (please see attached. ) Children will not be able to purchase food while off site.

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Get excited for a day filled with activities that will set off a sensory overload. Enjoy gooey messes with your hands, sensory obstacle courses, blind taste testing and a blind smelling test!

#### Tuesday 30th January - Master Chef Day

Back by popular demand! Today we will enjoy a whole day of baking various delicious and nutritious treats and dishes. Do you have a favourite treat or cultural dish? Please feel free to share your recipes with us prior for us to explore!

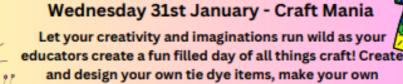


#### In-Centre

refillable water bottle.

enclosed shoes, and hat.

What to bring: Morning tea, lunch, refillable water bottle, enclosed shoes, and hat.



and design your own tie dye items, make your own playdough, bracelets, keychains and even learn a new skill!

Thursday 1st February- Back to School

# BACK TO SCHOOL

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### Workshop

What to bring: Morning tea, lunch, refillable water bottle. enclosed shoes, and hat.



# Halloween vanilla cupcakes

#### Ingredients

- 5 1/3 Cups Plain Flour (approx.4kg)
- 1 1/2 Cups Nuttelex
- 2 tsp baking powder
- 2 2/3 Cup Rice Milk (approx.3 cartons)
- 2 tsp. bi carb soda (approx. 1 box)
- 3 Tbs. Vanilla
- 1 1/2 Cups Brown Sugar
- 2 tsp. Salt
- Assorted icing & colours
- Mini marshmallow's

#### How to Cook

1. Preheat the oven to 180°C. Line baking trays and set aside. \*

2. Mix the flour, baking powder, salt, and sugar, into a bowl and stir until well mixed. Repeat this step twice more into two large bowls.

3. In a separate bowl, whisk together the list amounts of

wet ingredients: Nuttelex, rice milk and vanilla. Make a well in the dry ingredients of one bowl and pour the wet ingredients into the middle of the well. Stir with a rubber spatula until well mixed.

4. Repeat step three twice more for two-remaining bowls of dry ingredients.

5. Spoon an equal amount of batter into each prepared muffin cup – about ½ full.

6. Bake for 25 to 30 minutes, or until the muffins are pale gold and the tops spring back when pressed gently in the middle. Let cool in the tin on a wire rack before popping them out.

7. Once cooked – children can decorate as they like.

#### **Special Dietary Requirements**

Gluten Free = Gluten Free Flour

